



# Grenfell Support News

## Environmental checks in and around the Grenfell Tower site

Additional environmental checks are to be carried out in and around the Grenfell Tower site to provide extra reassurance to survivors and residents.

The announcement from the Government came around the same time that Grenfell United and the community held a meeting in Holland Park last month which gave local people the chance to ask questions about possible soil contamination following the Grenfell tragedy. More than 300 people attended and the Council has received over 100 questions from the public.

Responses to the questions are being posted on the Council website [bit.ly/2yHpSsN](http://bit.ly/2yHpSsN)

The Ministry of Housing, Communities and Local Government (MHCLG) is leading work to take forward the additional environmental checks, including comprehensive soil analysis. The Environment Agency has started work to design an approach to soil sampling. The Government estimates that the initial sampling results may be known in spring 2019.

The Government has committed that local residents will be involved with the testing process from start to finish. MHCLG will provide further details in the coming days, and has committed to providing regular updates.

If you have any further queries please email [healthquestions@rbkc.gov.uk](mailto:healthquestions@rbkc.gov.uk)

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## Come along to the Creating Stronger Communities Ideas Day

An Ideas Day which will bring together all of your suggestions and ideas on how to make North Kensington communities even stronger will be held this month.

The Ideas Day, which is happening on **Saturday 17 November** at **Kensington Leisure Centre, Silchester Road, W10 6EX** from **10.30am to 4.30pm**, follows a series of community conversations over the past six weeks where residents told us what matters most to them.

Those attending will have the chance to look at their feedback from the conversations, check that their views have been accurately captured and make any further suggestions.

After meeting with people from across North Kensington, local organisations,

groups and residents' associations, we received over 500 comments on the six different themes:

- **Communities**
- **Diversity**
- **Health and Wellbeing**
- **Jobs and Skills**
- **Places and Spaces**
- **Young Lives**

The Ideas Day will showcase the most popular suggestions from the community and give residents the opportunity to choose what ideas they would like to be taken forward. It will also be a chance to come and talk to a range of Council teams and provide further feedback if you missed one of the drop-in sessions.

The ideas and suggestions we have heard will form the basis of a plan, to be published later this year. This plan will set out how we will work with the community and partners to take forward what we have heard

During the day, there will also be face-painting for children, an art competition and free refreshments provided for all.

We're still keen to hear from as many of you as possible, so please come down and have your say. If you can't make it to the Ideas Day you can visit the website [strongercommunities.rbkc.gov.uk](http://strongercommunities.rbkc.gov.uk) to give us your views and see what ideas have been provided so far.



## Activities programme at The Curve Community Centre

### Monday 12 November

- **1pm–3pm** – Healthy Hearts weight management course (10-weeks) Sign up every Wednesday with Olivia at The Curve from 10am to 12noon or email [olivia.bales@healthyhearts.org.uk](mailto:olivia.bales@healthyhearts.org.uk)
- **2pm–4pm** – Community Contact Team. Offering drop-in advice, short term support and focused interventions to support those accessing any services.
- **5pm–7pm** – Homework Club with a qualified tutor for all ages (drop-in)
- **6pm–8pm** – Functional skills in English with NOVA. Contact Chrissy at The Curve to book **020 7221 9836**
- **6.30pm–7.30pm** – Zumba with Paula for ages 18 plus (drop-in)
- **6.30pm–7.45pm** – Jambi presents Tribo Samba-Reggae percussion workshop. All abilities welcome (drop-in)

**Crèche: 9.30am–12noon and 12.30pm–3pm**

### Tuesday 13 November

- **10.30am–12.30pm** – CV workshop with Jasmine from NOVA. All ages welcome (drop-in)
- **10am–3pm** – Fouzia's Sewing Club. Drop-in sewing club for all, grow your skills, knit and natter.
- **10.30am–12.30pm** – Accredited ESOL/ English Award in speaking and listening English Skills. At entry level 1 and level 2 delivered by Westway Trust (drop-in)
- **2pm–4pm** – Open Age Health and Wellbeing course for ages 50 plus. To book, call Maude on **020 8962 5594**
- **4pm–5pm** – Shared Reading Group for adults and children. Contact Erin on **07483 972020** or [erincarlstrom@thereader.org.uk](mailto:erincarlstrom@thereader.org.uk) to find out more. Open to all reading abilities.
- **5pm–7pm** – Arabic language classes for ages seven plus (registration required, please email [thecurve@rbkc.gov.uk](mailto:thecurve@rbkc.gov.uk))

**Crèche: 9.30am–11.30am and 12.30pm–3pm**

### Wednesday 14 November

- **10am–12noon** – The Curve coffee morning. Come along for a coffee and a chat
- **10am–12noon** – ICT skills with Open Age. Enrol to attend all sessions. For more information and to book, call Maude on **020 8962 5594**
- **10am–12noon** – Circle of Security parenting programme from Total Family Coaching and Parenting. Contact [info@totalfamilycoaching.co.uk](mailto:info@totalfamilycoaching.co.uk) or call **020 8969 5554** or **07397 871 877**
- **12noon–2.30pm** – ICT classes for beginners from NOVA. Contact Chrissy, booking required **020 7221 9836**
- **1.15pm–3.15pm** – Drug and alcohol support session (drop-in)
- **4pm–7pm** – Girl's youth group for emotional health and wellbeing by Laura for ages 13 plus
- **6pm–7pm** – Free Cuban salsa class for beginners and improvers (drop-in)
- **6pm–7pm** – Parent's information evening for the Manhood Academy Urban Rights of Passage programme. For boys aged eight to 12. Offering workshops, mentoring, enrichment trips and self-development. Come along to find out more.
- **6pm–8pm** – Functional Skills in English with NOVA. Contact Chrissy, booking required **020 7221 9836**
- **7pm–8pm** – Free Cuban salsa class for intermediates and advanced (drop-in)

**Crèche: 10am–12.30pm and 1pm–5pm**

### Thursday 15 November

- **10am–4pm** Clarion Housing Group – sessions, open to everyone. Help with job applications and CV writing (drop-in)
- **10am–12noon** – Open age presents Speak with Confidence (Drop-in)
- **10.30am–12.30pm** – Job search workshop with Jasmine from NOVA. All ages welcome (drop-in)

- **2pm–6pm** – Home Office. Help with immigration and passport issues (drop-in)
- **3pm–5pm** – One Digital at The Curve. Learn how to access and enjoy the internet. For all abilities (drop-in)
- **5pm–7pm** – Arabic language classes for ages seven plus (registration required, please email [thecurve@rbkc.gov.uk](mailto:thecurve@rbkc.gov.uk))

**Crèche: 10am–1.30pm and 2pm–3pm**

### Friday 16 November

- **11am–12noon** – Zumbini, Zumba for children (drop-in)
- **4pm–4.30pm** – Learn Taekwondo. Little warriors ages four to six (drop-in)
- **4.30pm–5.30pm** – Learn Taekwondo. Beginners ages six to 12 (drop-in)
- **5.30pm–6.30pm** – Learn Taekwondo. Intermediate ages six to 12 (drop-in)
- **6.30pm–8pm** – Learn Taekwondo. Teens/Adults 13 years and above (drop-in)

**Crèche: 10am–12noon and 12.30pm–5pm**

### Saturday 17 November

- **10am–12noon** – ICT classes for beginners from NOVA. Six-week course. Contact Chrissy (booking required) **020 7221 9836**
- **2pm–4pm** – Jambi presents Tribo Samba-Reggae percussion workshop. All abilities welcome. (drop-in)
- **2.30pm–3.30pm** – Free Cuban salsa class for beginners and improvers (drop-in)
- **3.30pm–4.30pm** – Free Cuban salsa class for intermediates and advanced (drop-in)

### Sunday 18 November

- **11am–12noon** – Learn Taekwondo. Beginners age six to 12 (drop-in)
- **12noon–1pm** – Learn Taekwondo. Advanced ages six to 12 (drop-in)
- **1pm–2.30pm** – Learn Taekwondo. Teens/Adults 13 years and above (drop-in)



To book a place in The Curve crèche, call **020 7221 9836** or email [thecurve@rbkc.gov.uk](mailto:thecurve@rbkc.gov.uk)

**The Curve Community Centre, 10 Bard Road, London W10 6TP**

Some sessions need to be booked in advance to secure your place, so email [thecurve@rbkc.gov.uk](mailto:thecurve@rbkc.gov.uk) and they will confirm your reservation by return.

For a full list of events visit [grenfellsupport.org.uk/thecurve/events](http://grenfellsupport.org.uk/thecurve/events)

This information is provided weekly by The Curve Community Centre. For more information call **020 7221 9836**

## Boost your business for enterprise week

Do you have an idea for a business but need help with the details? Would you like to give your business a boost? Come and discuss how to take your idea to the next level with a range of experts who can give you helpful and unbiased advice on topics such as:

- **marketing**
- **finance**
- **social media**
- **SEO & website content**
- **intellectual property**

This drop-in is free and there is no need to book, just come down to **11 Canalside House, 383 Ladbroke Grove, W10 5AA** on **Wednesday 14 November** from **11am to 4pm**.

Please register your interest here [bit.ly/2FcWmRg](http://bit.ly/2FcWmRg)

For more information, call **020 7460 5050**, visit [pbc.co.uk](http://pbc.co.uk) or email [info@pbc.co.uk](mailto:info@pbc.co.uk)



## Green Shoots fund gets projects up and running

You may have read in previous editions of this newsletter about Green Shoots, a new community fund from The Kensington & Chelsea Foundation. The fund, set up to give ideas for community projects the means to become a reality, has already paved the way for a programme of half-term activities and a community cook-off between the police, fire brigade, Council, community members and the Westway Trust.

Over £10,000 has been given out so far and there are even more events to get excited about over the coming months, including a women's

community gardening club from the Al-Hasaniya Moroccan Women's Centre, a family fun day from the Ethiopian Women's Empowerment Group and a Girls' Football Project for seven to 11 year olds run by QPR Community Trust.

To read about all the Green Shoots funded projects happening near you, visit [bit.ly/2Pe22iF](http://bit.ly/2Pe22iF)

If you have an idea for a community project in North Kensington, read the guidelines and complete the easy application form here [bit.ly/2QoIT9Z](http://bit.ly/2QoIT9Z)



## Switch to the Westway Sports Centre and try a new sport

If you're a young person with a flair for sport, you won't want to miss out on the new free youth club for local teens aged 14 to 19 at **Westway Sports & Fitness Centre 1 Crowthorne Rd, London W10 6RP**. Every **Friday** from **4pm to 6pm**, young people will have the chance to try out two new sport activities created to maximise the fun and health benefits of multiple sports.

"Switch" includes elements from football, basketball, netball, volleyball and handball and is played in groups of three, five or seven. There are two switch lines on the pitch, once a player passes these lines they switch from using their hands to using their feet or vice-versa.

"Wallball" is a simple and accessible sport in which players compete by hitting a ball against a wall with their hands. It has recently been accepted as an official World Games sport and is bidding to be included in the 2028 Olympics.

Both Switch and Wallball are inclusive for all and aim to improve fitness and concentration levels, develop social skills and promote general overall wellbeing.

Why not bring along some friends after school and see who's the best at these new and exciting games?

These sessions are free and there is no need to book.

You can contact the Westway Sports and Fitness Centre on **020 8969 0992**



## Support services on offer

Anyone who would like to speak to the police in relation to the investigation into the Grenfell tragedy is asked to contact the Met Police on **0800 032 4539**.

## Important contacts

### Grenfell Enquiries service

A one-stop-shop for support, advice and guidance around Grenfell. For more information visit [grenfellsupport.org.uk/grenfell-enquiries](http://grenfellsupport.org.uk/grenfell-enquiries) or call **020 7745 6414**.

### Cruse Bereavement Care

Call the Freephone helpline on **0808 808 1677** or email [helpline@cruse.org.uk](mailto:helpline@cruse.org.uk). The helpline is open **Monday-Friday** from **9.30am to 5pm**. Extended hours Tuesday, Wednesday and Thursday evenings until **8pm**.

### Replacement UK passports, visas or immigration queries

Call the Home Office advice line on **0300 303 2832**. The line is open 24 hours.

### Air quality and smoke exposure

If you have concerns about any symptoms, see your GP and mention Grenfell. They will be able to direct you appropriately.

### Housing support

If you have any questions about housing or want to find out who your housing officer is please call **0800 137 111** or **020 7361 3008**.

### Victim support

Call **0808 1689 111** for practical and emotional support, or visit [victimsupport.org.uk](http://victimsupport.org.uk). The line is open 24 hours a day.

You can also get emotional and practical support at **The Curve Community Centre**. Call **020 7221 9836**.

See The Curve content programme on page two to find out when the **Community Contact Service** is at The Curve. The service is primarily located within the local community and will provide drop in sessions, ad-hoc short term support and focused interventions to support those accessing any services.



### Upcoming meetings

Residents welcome to attend.

### Grenfell Recovery Scrutiny Committee

Tuesday 27 November, 6.30pm  
Kensington Town Hall

## Grenfell Tower and Grenfell Walk rehousing progress update



These are the figures for  
**8 November 2018**



## Try your hand as a market trader in bustling Portobello

There's still time for young people aged 16 to 30 to hire their own stall at the world famous Portobello Market on **Saturday 1 December** and **Sunday 2 December** for just £10 a day.

Supported by Kensington and Chelsea Council, the New Youthquake project aims to put Portobello and Golborne Road markets at the centre of youth culture and encourage a new generation of designers and business entrepreneurs.

The £10 fee includes a temporary Street Trading Licence, day membership of the National Market Traders Federation, a market pitch and stall with canopy. Singers, dancers, and artists of all disciplines are encouraged to get in touch too for a chance to perform on the New Youthquake stage.



For more information and to enquire about how you can get involved, email [newyouthquake@gmail.com](mailto:newyouthquake@gmail.com)

## Grenfell Health & Wellbeing

The Grenfell Health & Wellbeing Service is a free and confidential NHS service for children and adults affected by Grenfell. They provide a range of psychological therapies and support to help you feel better if you or your children are feeling traumatised, unable to sleep, having memories or pictures of the event unexpectedly popping into your mind, or feeling anxious, stressed or worried. You can self-refer to the service at [grenfellwellbeing.com](http://grenfellwellbeing.com)

If you need urgent help, contact your GP or visit your local A&E. In an emergency or for any other aspect of your health, always dial **999**

## Overnight emotional support

The NHS Outreach Team is providing a targeted clinical service for those who feel that they require overnight support; this

includes a dedicated phone-based mental health service throughout the night, with home visits for those who require it.

If you need to talk, anyone can call the night service on tel: **020 8962 4393**, between **10pm and 7am** seven days a week.