

Grenfell Support News

Creating Stronger Communities

Come and share your views

The Council has launched a series of community conversations, workshops and drop-in sessions as well as a website to ask local residents, community organisations and businesses in North Kensington what matters most to you.

In July the Council's Leadership Team, which is made up of nine councillors and takes most of the Council's biggest financial, policy and service decisions, agreed the **"Commitments to those affected by the Grenfell tragedy"**

You can read this document online here bit.ly/2R26uHN.

The commitments seek to continue to build on the existing conversations that the Council and its partners have had with residents affected by the tragedy about how they support their longer term recovery. There will be a number of community conversations across North Kensington for locals to tell the Council what's important to them. There are an initial three drop-in sessions and staff will also be on hand to assist anyone who needs help using the website.

We've already picked up lots of ideas from conversations with the community, and we are working to address them – but we'd love to hear more because we know things are always changing.

The sessions will take place on:

Monday 1 October, 11am to 1pm at **The Venture Centre, 103A, Wornington Road, W10 5YB**

Monday 8 October, 2pm to 5pm at the **Tabernacle, Powis Square, W11 2AY**

Thursday 18 October, 12noon to 4pm at **Kensington Leisure Centre, Silchester Road, W10 6EX**

Further evening and weekend dates will be publicised and added to the Creating Stronger Communities website soon.

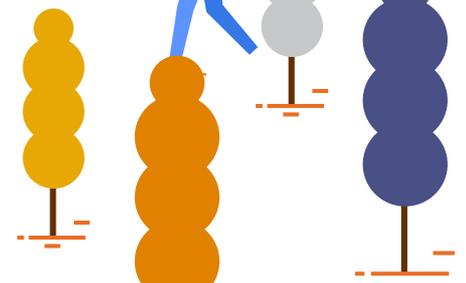
A Community Ideas Day in November will give you the chance to take a look at the feedback and check that your views have been accurately captured. There will also be time to have a further say on anything you would like to raise.

After this, the Council will then pull everything together into a plan setting out what you've told us and the steps we all need to take to improve the lives of the residents of North Kensington.

Take a look at the new site and join in the conversation here strongercommunities.rbkc.gov.uk

IN THIS EDITION

- 2 **Activities programme at The Curve Community Centre**
- 3 **Silver Sunday celebrates the borough's older residents**
- 3 **Girl power comes to The Curve**
- 3 **New project gives the community a boost**
- 4 **North Kensington goes sporty at this year's Club Games**
- 4 **Housing update**
- 4 **Support services on offer**



Activities programme at The Curve Community Centre

Monday 1 October

- **1pm–3pm** – Healthy Hearts weight management 10-week course. Sign up every Wednesday with Olivia at The Curve from 10am to 12noon or email olivia.bales@healthyhearts.org.uk
- **2pm–4pm** – Community Contact Team. Drop-in advice
- **5pm–7pm** – Homework Club for ages 11 to 18 with a qualified tutor (drop-in)
- **6pm–8pm** – Functional skills in English with NOVA. Contact Chrissy to book **020 7221 9836** (booking required)
- **6.30pm–7.30pm** – Zumba with Paula for ages 18 plus (drop-in)
- **6.30pm–7.45pm** – Jambi presents Tribo Samba-Reggae Percussion Workshop. All abilities welcome (drop-in)



Tuesday 2 October

- **10.30am–12.30pm** – CV workshop with Jasmine from NOVA. All ages welcome (drop-in)
- **10am–3pm** – Fouzia's Sewing Club. Drop-in sewing club for all, grow your skills, knit and natter
- **10.30am–12.30pm** – ESOL/English Award in English Skills at entry level 1 and level 2 from Westway Trust. Accredited course (drop-in)
- **2pm–4pm** – Health and Wellbeing course for ages 50 plus from Open Age. To book, call Maude on **020 8962 5594**.
- **4.30pm–5.30pm** – Shared Reading Group for adults and children. Contact Erin on **07483 972020** or erincarlstrom@thereader.org.uk to book. Come and share the joy of reading.
- **5pm–7pm** – Arabic language classes for ages seven plus (booking required, email thecurve@rbkc.gov.uk)

Wednesday 3 October

- **10am–12noon** – The Curve coffee morning. Come along for a coffee and a chat
- **10am–12noon** – Learn new ICT skills with a qualified tutor from Age UK. Enrol to attend all sessions. For more info and to book, call Maude on **020 8962 5594**
- **10am–12noon** – Circle of Security parenting programme from Total Family Coaching and Parenting. The Circle of Security is an eight-week relationship-based early intervention programme designed to build attachment between parents and children. To enrol, contact info@totalfamilycoaching.co.uk or call **020 8969 5554** or **07397 871877**
- **12noon–2.30pm** – ICT classes for beginners from NOVA. Contact Chrissy to book **020 7221 9836** (booking required)
- **1.15pm–3.15pm** – Drug and alcohol support session (drop-in)
- **4pm–7pm** – Girls youth group for ages 13 plus (run by Laura for emotional health and wellbeing)
- **6pm–8pm** – Functional Skills in English with NOVA. Contact Chrissy to book **0207 221 9836** (booking required)

Thursday 4 October

- **10.30am–12.30pm** – Job search workshop with Jasmine from NOVA. All ages welcome (drop-in)
- **11.30am–2pm** – Creative arts with Jay for adults. Creative class with jewellery making, upcycling and fabric design activities including African head wrapping (drop-in)
- **2pm–6pm** – Home Office. Help with immigration and passport issues (drop-in)

- **10am–4pm** – Clarion Housing Group. Job search sessions open to everyone to help with job applications and CV writing (drop-in)
- **3pm–5pm** – One Digital at The Curve. Learn how to access and enjoy the internet. For all abilities (drop-in)
- **4pm–6.30pm** – Creative arts with Jay for ages seven plus. Younger children must be accompanied by an adult. Sessions will consist of painting, drawing and mask making (drop-in)
- **5pm–7pm** – Arabic language classes for ages seven plus (registration is required, please email thecurve@rbkc.gov.uk)

Friday 5 October

- **11am–12noon** – Zumbini. Zumba for children (drop-in)
- **5pm–6.15pm** – Dance class with James for ages seven to 12. Beginner's workshop (drop-in)
- **6.15pm–7.30pm** – Dance class with James for ages 13 to 18. Beginner's workshop (drop-in)

Saturday 6 October

- **11am–1pm** – ICT classes for beginners from NOVA. Six-week course. Contact Chrissy to book **020 7221 9836** (booking required)
- **2pm–4pm** – Jambi presents Tribo Samba-Reggae percussion workshop. All abilities welcome (drop-in)
- **2pm–5pm** – Music studio workshop with Moss. Moss specialises in beat making, songwriting, recording and live performance skills (drop-in)



The opening times for the creche at The Curve are:

Monday and **Tuesday: 10am to 3pm**
Wednesday and **Friday: 10am to 5pm**
Thursday: 10am to 12noon

To book a place in the creche, call **020 7221 9836** or email thecurve@rbkc.gov.uk

The Curve Community Centre, 10 Bard Road, London W10 6TP

Some sessions need to be booked in advance to secure your place, so email thecurve@rbkc.gov.uk and they will confirm your reservation by return.



For a full list of events visit grenfellsupport.org.uk/thecurve/events

This information is provided weekly by The Curve Community Centre.

For more information call **020 7221 9836**

Silver Sunday celebrates the borough's older residents

Silver Sunday is a day of celebrating older people in our borough and takes place on **Sunday 7 October**, with events taking place from **Tuesday 2 October to Saturday 13 October**.

There'll be a series of events to suit all interests and abilities and it's the perfect opportunity to visit new places, meet new people and try new things. Individuals who are unable to leave their homes need not miss out as there are activities to take part in from your own home.

There are events taking place all over the borough and also in Westminster

(some of which RBKC residents will be welcome to attend). Most events will take place on **Sunday 7 October** but there's plenty to do on the days beforehand and afterwards.

Listed below are just some of the events taking place in North Kensington. For a full list of events taking place, visit www.rbkc.gov.uk/silver-sunday or contact **020 8962 5500**.

Silver Sunday brochures are also available at **The Curve Community Centre, 10 Bard Road, W10 6TP**.

Events on Sunday 7 October

- Spa and Fitness Day at **Kensington Leisure Centre, Silchester Road, W10 6EX, 8am to 8pm** for swimming and spa, **2pm to 4pm** for gym. Take advantage of free swimming all day, free drop-in gym sessions from **2pm to 4pm** and half price entrance to the Thermal Spa as well as 40 per cent off Thermal Spa gift cards. No booking required, just drop-in.
- Health and Wellbeing Day at **Al Manaar Muslim Cultural Heritage Centre, 244 Acklam Road, W10 5YG 11am to 3pm**. Try your hand at Pilates and experience manicures, body massages and acupuncture. Call ahead or email to book your place **020 8964 1496 | intlak@mchc.org.uk**
- Draw and explore at the **Design Museum, Kensington High Street, W8 6AG 11am to 12noon, 12.30pm to 1.30pm, 2.30pm to 3.30pm**. Join an artist-led architectural drawing workshop to learn new creative skills and discover the architecture of the museum. To book, call ahead on **020 3862 5871** or email bernard.hay@designmuseum.org. There are limited spaces available so don't delay in registering interest.

Monday 8 October

- Sing to live, live to sing workshop at **Latymer Community Centre, 116 Bramley Road, W10 6SU 2pm to 4pm**. Professional singing tutors lead informal, relaxed sessions focusing on singing techniques which benefit health and wellbeing. These sessions are free and no booking is required.

Friday 12 October

- Older and Happier at **Al-Hasaniya Moroccan Garden Golborne Road, W10 5PA** (at the base of Trellick Tower) **1pm to 4pm**. Enjoy music and lunch at the Al-Hasaniya garden party. All welcome.

Open Age is managing all enquiries about the Silver Sunday 2018 programme silversunday@openage.org.uk or **020 8962 5500**

Girl power comes to The Curve

The Curve was filled with entrepreneurial spirit last week as the "Make It Your Business" team hosted a seminar for local women. Panellists Juliette Lee, Neomi Bennett, Jagrati Bhatia and Alison Cork shared their business journeys, outlining the highs and lows of starting a business.

The ladies' skills ranged from property to interior and garden design. The aim of the seminar was to provide opportunities for women to meet established local female entrepreneurs and learn from their experience, all while networking with other aspiring business people.

Some of the people who went to the session said,

"Brilliant mixture of women and backgrounds in a supportive atmosphere"

"Very warm and welcoming centre, the staff were really helpful and kind. Please do it again!"

"Great advice and networking"

Keep up with The Curve weekly activities programme to find out about the next Make It Your Business seminar.



New project gives the community a boost

The Kensington & Chelsea Foundation have launched a new project called Green Shoots which will support small one-off projects to bring unity and joy to the community. Part of the Grenfell Development Fund, Green Shoots is open to local voluntary and community groups, faith groups, residents' associations, schools and other groups recognised by the local community. This project wants to allow for small innovative projects to become a reality that locals can enjoy. All projects must demonstrate how they benefit North Kensington and the community affected by Grenfell.

To learn more about Green Shoots and to apply to receive funding for an idea you may have, fill out the application form here

theandcfoundation.com/latest/green-shoots

If you are an older resident and are interested in joining a Silver Sunday activity, but need a bit of support in getting out and meeting new people, please contact the Open Age Link Up team on **020 8962 5584**.



Support services on offer

Anyone who would like to speak to the police in relation to the investigation into the Grenfell tragedy is asked to contact the Met Police on **0800 032 4539**.

Important contacts

Grenfell Enquiries service

A one-stop-shop for support, advice and guidance around Grenfell. For more information visit grenfellsupport.org.uk/grenfell-enquiries or call **020 7745 6414**

Cruse Bereavement Care

Call the Freephone helpline on **0808 808 1677** or email helpline@cruse.org.uk
The helpline is open **Monday-Friday** from **9.30am to 5pm**. Extended hours Tuesday, Wednesday and Thursday evenings until **8pm**.

Replacement UK passports, visas or immigration queries

Call the Home Office advice line on **0300 303 2832**. The line is open 24 hours.

Air quality and smoke exposure

If you have concerns about any symptoms, see your GP and mention Grenfell. They will be able to direct you appropriately.

Housing support

If you have any questions about housing or want to find out who your housing officer is please call **0800 137 111** or **020 7361 3008**.

Victim support

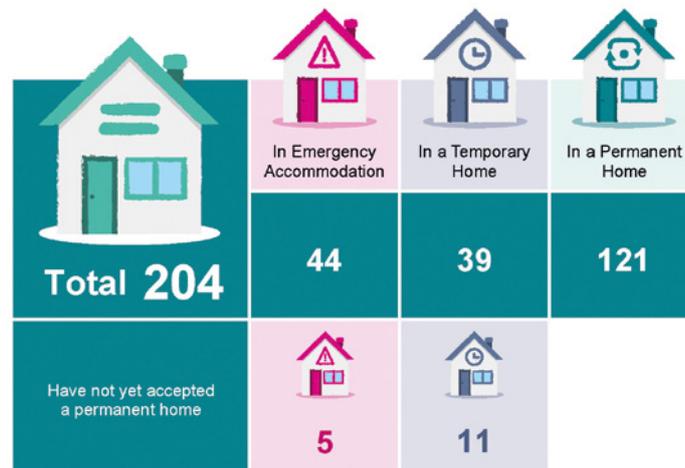
Call **0808 1689 111** for practical and emotional support, or visit victimsupport.org.uk The line is open 24 hours a day.

You can also get emotional and practical support at **The Curve Community Centre**. Call **020 7221 9836**.

Grenfell Tower and Grenfell Walk rehousing progress update



These are the figures for
27 September 2018



North Kensington goes sporty at this year's Club Games

Older residents of North Kensington are invited to come and represent their area at the annual Club Games in London's Olympic Park. The multi-sports celebration will see competitors from 23 different areas try their hand at sport activities such as short tennis, swimming, bowls, table tennis, timed cycling and more. The games will kick off from **10am** on **Wednesday 10 October** at the **Copper Box Arena, London Olympic Park, E20 3HB**.

Greenwich, the reigning champions from last year, will be back to defend their title – could this be the year North Kensington takes the crown?

Don't worry about missing out if sport isn't your thing, there will also be a dominoes competition as well as plenty of room for spectators to cheer on the borough from the side-lines.

Email Phil Kemp today to register your interest and book a place on the free travel to and from the arena from North Kensington phil.kemp@gll.org.



Upcoming meetings

Residents welcome to attend.

Leadership Team Meeting

Wednesday 10 October, 6.30pm
Kensington Town Hall

Grenfell Recovery Scrutiny Committee

Monday 15 October, 6.30pm
Kensington Town Hall

Full Council

Wednesday 17 October, 6.30pm
Kensington Town Hall

Hestia and the Central and North West London NHS Foundation Trust are based overnight at the **Notting Hill Methodist Church, Lancaster Road** from **10pm to 8am**. Pop in for a chat and support.

The Grenfell Inquiry team will be hosting a drop in on the first day of each month at **Notting Hill Methodist Church, W11 4AH**. The first session will be on **Monday 1 October** from **4pm to 6.30pm**.

The newsletter is also available in Arabic and Farsi languages.